## Larc Safety Highlights

## **February 10, 2003**

FY 2003 - Civil Servants



 $(\ )=Number\ of\ new\ occurrences$ 

OSHA Recordable Cases = Fatalities, Lost Time, Incidents and Restricted Work Incidents.

Incidents = Cases in which more than first aid treatment is required, but less than 8 hours of time is lost.

Restricted Work Incidents = Cases requiring first aid treatment, resulting in light duty restrictions.

## **Injury/Mishap Information**

- The Center has been 251 days without a Civil Servant Lost Time Injury.
   (Record is 251 days without a lost time accident)
- The following restricted work incidents involving civil servants were reported:
  - A SEC employee sustained a lower back strain while assisting a co-worker in repositioning a model fuselage (approx. 100 lbs.), resulting in 4 restricted work days.
  - A SEC employee sustained lacerations, requiring sutures, and contusions to the chin, hand, and knees after slipping in a wet parking lot, resulting in 5 restricted work

days.

- The following OSHA recordable incidents involving civil servants and inclement weather were reported: (Recordable because a prescription strength pain reliever was administered.)
  - A SMC employee sustained an injury to the left knee after slipping in a parking lot.
  - An AAAC employee sustained a head and hip injury after slipping in a parking lot.
- The following first aid case involving a civil servant was reported:
  - An OHR employee sustained a right arm contusion after slipping on an icy sidewalk.

**Safety Tip - Battery Charging - Jump Starts -** Dead batteries in cars and trucks are not uncommon - particularly in winter. When jumping a battery, remember the following safeguards:

- Be sure all electrical equipment is off. If you connect the jumper cable while a load is being drawn, a spark could occur.
- Check the battery fluid level. If the plates are exposed, add water until they are covered.
- Make sure both batteries are of the same voltage rating.
- Make sure vent caps are in place to prevent electrolyte splash.
- Always be sure of your polarity when arranging the jumper cables.

